



Christie Bemis

*Ignite Your Life Coach
for Women*

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When women get reignited to their passions, their next years are their best years.

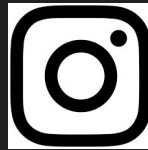
~Christie Bemis



Hot Pink
YOUiversity



Christie Bemis



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Speaking Topics

Busting Through Comfort Zones

Christie Bemis shares her own story in creating a 180 day Freedom Plan and taking the leap to follow her passion. Tools to use for your own leap.

Ignite Your Life

How connected and plugged in are you to life? When we lose our connections to our greatest fuel source, our passions, we lose our spark in life. This talk inspires reigniting.

Pleasure is Your Birthright

Redefining what pleasure means. How to put pleasure at the top of your to do list and build your own personal pleasure plan.

Defining Your SuperPower

And it is not usually what you think. Christie will explore your personal narrative to curate your superpower. Learn what it is, how it supports you and others, and how to build your dreams with it

Bio

Christie Bemis is the author of Ignite Your Life (2016). She is CEO of Hot Pink YOUiversity, supporting women in their 40+ years so that their next years are their best years, since 2011. She is a psychotherapist and owns her own private practice, Bemis Psychotherapy and Consulting, seeking mental wellness for all of her clients

Previous Speaking:

- DreamBank Lunch and Learn & Dream Big Featured Speaker
- Featured Speaker at Now What Conference
- Ignite Your Life Events
- Brava Women's Wellness Stage Speaker
- Brava Thrive Conference Breakout

Offerings

Workshop/Webinar/Virtual Keynotes and Breakouts Travel and Adventure

Retreats Individual Coaching 6 Week Ignite Your Life by Rewiring Your Brain

Check www.hotpinkyou.com for most current offerings